

10-day Runners - Men



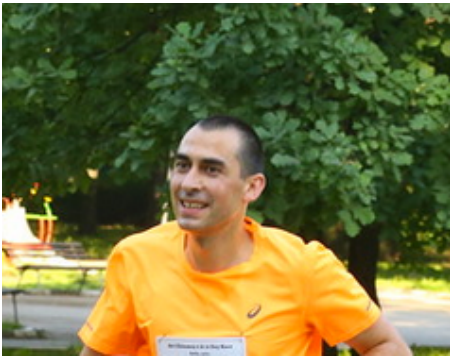
Andrea Marcato (Italy, 42)

Andrea became the fastest first-time finisher of the 3100, reaching the goal in 43 days+12:07:26 in Salzburg, Austria. The athletic wonder never wavered throughout the race, averaging 71.26 miles (114.48km) per day. In 2021 he won the 3100, in 42days+17:38:38, averaging 72.54 miles (116.74 km) per day and he also won the 3100 race 2022. He is now ranked fifth fastest runner all-time, setting numerous national records along the way. He has done his best Ten Day Race here last year with 1190 km. He is also an accomplished long distance open water swimmer, placing third in 2017 and 2018 at the Lake Zurich Race (26km).



Namittabha Alexander Arsić (SRB, 59)

He is one of the pioneers of the 3100 miles race in New York. His best finish was 48 days and 5 hours. He has done many 700 miles races, 1000 miles races and 6-and 10-day races. Not even to start counting his numerous 100km and 24h races.



Andrey Stefanov (Bulgaria, 36)

In his 16 years of running he has done many marathons and 6- and 10-day races.



Aleš Plíva (CZ, 46)

His best 100km is 11:30, for the 24h race his best is 172km and he has finished two six day races and ten 10 day races. Ales is fresh of the Sri Chinmoy 10 Day Race that finished four days ago.



Pedrag Knevic (SRB, 62)

In his 30 years of running he has done 100km in 12 h, 100m in 20h and 157km effort he 24h. He has also completed 5 multi-day running events.



Martin Lackner (AUT, 39)

In his 16 years of running 100km, 100m, 24h and last year the 10 day race. He is coming back to prove that there is more in him, than he has shown so far.



Istvan Sari (Hun, 46)

In his 7 years of running he has done a 100km race in 12h and many marathons. He has done one 6 day race.



Oliveira Ronivon (Brazil, 35)

We welcome Roni for his second multi-day – last year he was racing in the 6 Day, this year in the 10 Day race.



Christian Oswald (AUT, 44)

He has done many marathons and the 47-mile race in 8h:20m.



Yahava Hoffmann (JAP, 39)

He has completed many marathons, few ultras and last year the 10-day race in Sofia.

10-day Runners – Women



Ilvaka Nemcova (CZ, 42)

In her 24 years of running she has done more than 17 ultra races and 187km is her best for the 24h race. 10:57 is her time for the 100km race.



Nayaja Perugini (Italy, 54)

In her 24 years of running she has done three 100km races and last year the 6-day race.



Suparna Pustogowa (Germany, 59)

In her 25 years of running she has done many marathons and more than nine 6- and 10-day races.

6-day Runners - Men



Priyavadin Reisecker (AUT, 56)

In his many years of running he has done many, many ultras and 6-day races. He is the current record holder of having done the most 6-day races. He ranked second in the last years 6-day race.



Ananda-Lahari Zuscin (Slovakia, 49)

Ananda-Lahari is a veteran of the sport with 22 multi-days, including sixteen 3100's started, and over 50 ultras completed. He has finished the 3100 miler six times with a fastest time of 49 days, 9 hours. He is ranked 28th in the world. He is also known for putting up big miles late in the long races. On day 47 in 2019 he ran 89 miles, just because he could. He still has unused potential to be shown and utilised in his journey of many years of miles and miles.



Todor Dimitrov (Bulgaria, 49)

Todor ran a personal best for six days in 2017 at the Hungary Six Day with 707 km (442 miles). He holds a national record for 12 hours, and has run many European trail races and endurance contests. He is a lecturer at the National Defense Academy, and is involved in several national military athletic competitions, cross-country skiing, orienteering, and ski orienteering. This will be his first attempt at 3100 miles. His best 100km are 10 hours and for the 24h he has 196 to his belt.



Tihomir Cundic (Croatia, 42)

In his 15 years of running, he has completed many marathons.

Ievgen Nesterets (Ukrain, 35)

In 7 years of running he has finished many marathons, 100km and 24h races. He has also done 2 backyard ultra man.



Yassen Misiaczuk (Bulgaria, 41)

In 12 years of running he has completed multiple marathon us ultras including 100 km and 47 mile races. He is eager to test himself in the multiday venue.

6-days Runners – Women



Surasa Mairer (AUT, 64)

In her 35 years of running, she has done countless multi-day races. She is still the record holder for 700 miles, 1000km and 1300miles. She has also completed the longest race in the world, the 3100 mile race and held the record for a while.

Raquel Pedro (Portugal, 39)

In her 16 years of running, she has done many marathons and a 24h races.



Rachel Pierce (Ireland, 50)

In 31 years of running she has completed many marathons and a 100km race and four 24h races, this is here second 6 Day Races in Sofia.